



The mission of St. Paul's Episcopal Church is to worship God and to bring all into a loving relationship with Jesus Christ

August 2010

Edition 10 - Volume 7

www.stpaulsmboro.org



# Confirmation

On Sunday, August 15, the Rt. Rev. John C. Bauerschmidt will make his annual visit to St. Paul's. He will celebrate, preach, and confirm at both services (adults at 8:00; youth at 10:30).

One of the seven sacraments of the Church, confirmation presents the opportunity for the confirmand to affirm the vows they made, or were made for them, at baptism. With that comes, as with all the sacraments, empowerment by the Holy Spirit to live out those vows.

Who can be confirmed? Essentially any baptized adult who wishes to participate and to publicly commit him/herself to the Lord through the Church. While considering if Confirmation is your next step, read over the service in the Prayer Book beginning on Page 413. Prayerfully consider if those words hold meaning for you.

All those adults who are seeking to be confirmed, received, or to reaffirm their baptismal vows, are encouraged to attend a Covenant Workshop on Saturday morning, August 14, from 9:00 to 12:00. The workshop will include a rehearsal for the next day's service.

We ask each adult wishing to be confirmed to fill out a Confirmation Intent Form, available on the Parish Hall bulletin board, in the church office, or by calling/e-mailing Joyce Adkins, 631-2869 or joyce1010@bellsouth.net .

Please contact Polk at the church office, 893-3780, or David Rowe at drowe@bellsouth.net for more information.



*On August 15th, Bishop Bauerschmidt will be with us during both services to perform the sacrament of confirmation. This will be a wonderful time to visit, and become acquainted, with our bishop. If you haven't met Bishop*

*Bauerschmidt, here is some information about his background.*

John Crawford Bauerschmidt was elected the eleventh Bishop of the Diocese of Tennessee on October 28, 2006, and was consecrated as bishop on January 27, 2007.

Bishop Bauerschmidt was born in 1959, and was brought up and attended school in Columbia, South Carolina. He received an A.B. degree from Kenyon College in Gambier, Ohio in 1981, and then attended the General Theological Seminary in New York, graduating in 1984.

Before his election as our bishop, Bishop Bauerschmidt served churches in the Diocese of Western Massachusetts, Upper South Carolina, North Carolina and Louisiana.

In addition, Bishop Bauerschmidt received his Ph.D. from Oxford University, England, in 1996, with his doctoral work being supervised by the Rev'd Canon Oliver O'Donovan, the Regius Professor of Moral and Pastoral Theology.

In 1986 Bishop Bauerschmidt married Caroline Barnard Pearce of New York, New York. They have three children: William, born in 1991; Henry, born in 1994; and Caroline, born in 1997.

Bishop Bauerschmidt has a professional interest in theology, and an amateur love of history, in particular the history of ideas. In addition to these areas, he reads widely, especially fiction, reportage, and travel literature. He has written a number of articles and book reviews. He is a dedicated scale modeler.

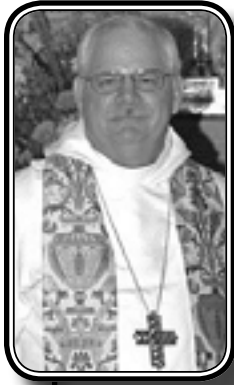
*We are blessed to have such a loving and faithful bishop in our diocese. On Sunday, August 15th be sure you are here to welcome Bishop Bauerschmidt!*

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A MONTHLY  
NEWSLETTER  
PUBLISHED BY



MURFREESBORO, TN



# From Polk+

*First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all goodness and dignity.*

(1 Timothy 2:1-2)

I want to speak to the current controversy over the building of the Islamic Center in Murfreesboro. My concern is that we, as the Body of Christ known as St. Paul's, keep this controversy in perspective.

First, this is a political issue and not a religious issue. The Scripture from 1 Timothy urges us to pray for "all who are in high positions" to make the correct political decisions"...so that we may lead a quiet and peaceable life in all goodness and dignity." That is exactly what we should be doing.

It is quite possible that individual spiritual issues will arise from this situation. Colin and I recognize this and are ready and willing to help individuals sort through those issues. Feel free to contact us if you need help in doing this.

Secondly, it is important to remember that St. Paul's is a politically diverse congregation. Folks hold opinions across the spectrum on this and many other issues. And that is OK! We are not called to all hold the same opinions. We are called to be respectful of other's

opinions. As Americans, our democracy encourages us (at the very least) to participate in these public discussions. It is healthy for our community and our country.

Finally, we should be learning about other religions, in this case Islam. To this end, Dr. Ron Messier will be preaching on Sunday, August 1st. Ron has spent years studying Islam and the Qur'an. This knowledge, along with his deep personal Christian faith and personal experiences will give us fresh insights into Muslim beliefs in the context of the Scriptures. It will be very informative.

*Almighty God our heavenly Father, send down upon those who hold office in this city and county the spirit of wisdom, charity, and justice; that with steadfast purpose they may faithfully serve in their offices to promote the well-being of all people; through Jesus Christ our Lord. Amen. (BCP p.822)*

God's Peace,

*Polk+*

*"Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."*

## Truly, the kingdom of Heaven belongs to the children of Haiti.

*Kathleen Jaco*

The hardest part about going on a mission trip to Haiti is trying to tell people about it when you return. How do you describe the desperation? How can you put into words the joy and happiness that still persists in one of the most desolate places in the world? Bear with me as I attempt to describe the indescribable.

I'm not sure what I was expecting when we left—perhaps that's a good thing. I went with an open heart and mind, ready for what God had to show me that I could bring back and share with others. What He showed me was a people who have not lost hope, despite being crammed in tents three inches apart or in mud huts baked dry by the sun. Despite their desperate situation they still praise God.

The experience that hit me the most was going out on a mobile clinic visit to a village outside of Croix-de-Bouquets. We took with us supplies to give the mothers of malnourished children and vitamins and anti-worm medication (and some candy and stickers too!). When we got out of the truck I saw some of the most beautiful landscape I've ever seen: mountains and trees and wide swaths of land. The earthquake did not crumble the church that the people were gathered in to receive what we had brought.

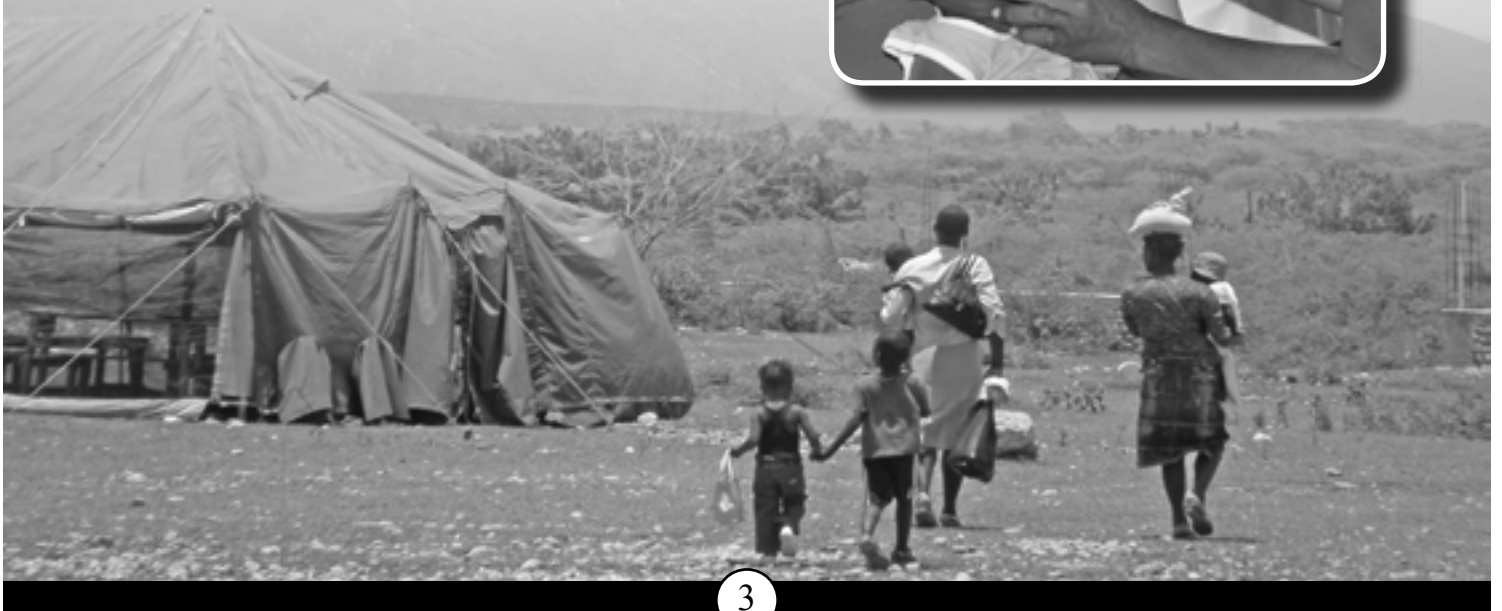
My French and Creole aren't much to speak of but I know enough to at least try to get my point across in conversation. The principal of the school there (set up in tents while the school is rebuilt) was so proud of his village and his people. He introduced us and the women and children smiled up at us, four strangers from far away. Then the women began to sing and it was the most beautiful song I've ever heard, one of welcome and joy and thankfulness.

We separated into stations and I was put with the vitamin-a capsules and anti-worm medication. If the child was under three then they had to have liquid medication, distributed in little cups. One by one the women came over, shyly glancing over at me and handing a piece of paper to Ramon-the-nurse. He would mark on the chart and then either gesture for them to get medication from me or that they were finished. Getting the little ones to drink their medication was difficult and I tried to be as helpful as I could. The small-cup-distribution-system was not working though—the anti-worm medication went everywhere (including all over me!). But I held those children while their mommas tried to pour it in their mouths and the universality of children-not-wanting-to-take-medication hit me in an amusing sort of way. These women want their children to be well and grow to be happy and healthy, just like mothers all over the world.

After we finished up I wandered outside where a gaggle of children promptly mobbed me and my camera. They were all dressed in school uniforms so I said in as much French as I could muster "School? Is that your school?" gesturing at the tents. They eagerly bustled me over to the tents and I tried to take pictures but next thing I knew I was backed into a corner! I snapped a few pictures of the makeshift school before getting them to go back outside.

Since they had sung so beautifully for me I wanted to sing a song for them, but the only song I know in French is "Head, Shoulders, Knees, and Toes"... Much to my delight, they joined in! And then they sang some other songs for me. I tried to ask them to show me around the area but instead we ended up in a big circle holding hands. ("show me around... show me a round..?") They started singing some silly song and playing a game which they wanted me to join in. I imitated their movements, dancing around in the circle and laughing. I have no idea what they were saying but it didn't really matter. We had so much fun together despite the language barrier and I was so thankful for the bridges that Christ builds between us all. We may not be able to share in much, but we shared God's love that day.

Singing and dancing with those children, being a part of their joy and silliness as well as trying to help the sick ones get better, brought to mind Christ's words from Matthew: "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." Truly, the kingdom of Heaven belongs to the children of Haiti. Thank you so much for your prayers and support—it was truly a blessing to be a part of this journey! I hope that we continue to support the vital work of Lespwa Timoun so that more children can be helped and experience Christ's love through us.



## SENIOR WARDEN

A devotional I recently read mentioned that we all bear witness to our faith best when we speak out of our personal experiences, whether we understand them or not. Many times I live my life with the intent of doing good, but my human condition interferes. I lose my temper, I fail to pray, or I don't follow through. I not only need the direction of scripture and pray, but the support of others, also on a journey, with whom to share my experiences. What I have encountered through the Cursillo Movement continues to be something for me to aspire to *exercise in my family and social life, in work situations, and within the Church environment.*

Cursillo is a three-day period of spiritual renewal highlighting the dynamic, communitarian, and personalistic aspects of the Christian faith. The cursillo de cristianidad (Spanish: "little course in Christianity"), founded in the Catholic Church in the 1940s in Spain, has been adopted by several other Christian denominations over the years and has many names. *The goal of Episcopal Cursillo is the goal of the Church: to bring all to Christ.* Cursillo brings individuals together for spiritual exercises, including a series of talks and meditations, conducted by a team of laymen and priests.

Tennessee Episcopal Cursillo #68 will be October 21-24th, 2010. *The Three-Day Weekend brings together a diverse group of Episcopalians to share the richness of many modes of worship and to broaden each one's appreciation for our Church. Lay people conduct the weekend with two or three members of the clergy functioning as spiritual advisors. Cursillo presumes that those who attend are already well grounded in the faith. It is not intended to be a conversion experience but an enriching and deepening of what is already there. It often provides new insights into our faith as well as fostering ministry among lay people. The weekend begins Thursday evening spent in the Chapel with meditations, discussions, and Compline. Then blessed silence is kept until after the worship on Friday morning. After breakfast participants are assigned to table groups for the weekend. The three days are filled with talks and group discussions with emphasis on the doctrine of Grace, the Sacraments, and the great Cursillo tripod: Piety, Study, and Action. Plus there is fellowship, singing, good food, and time for privacy, meditation, prayer, and walks. Eucharist is celebrated each day.*

*The Cursillo weekend is not an end to itself. It is a starting point that is meant to last the rest of our life. It is a springboard to a long-range practice of the Baptismal Covenant in the life of the Church called the Fourth Day. The Fourth Day is composed of three major elements: ... The Group Reunion, the heart of Cursillo, is a small group of friends who meet weekly, and who hold each other accountable for their spiritual journey. They share experiences of their piety, their study, and their apostolic actions. Small groups provide the foundation where bonds of friendship and love are deeply formed. I am grounded in our church through commitment and participation in my small group. The Ultreya, which is usually held monthly, is a "reunion of the reunions". It provides support and builds community by allowing the sharing of communal experiences. Spiritual Direction, the third element of the Cursillo Movement, is a commitment to seek out skilled lay persons or cleric for spiritual direction to provide help in deepening one's union with Christ.*

*You may have been told by some who have attended the weekend that they cannot tell you what Cursillo is all about or what goes on during the Three-Day weekend. This is not correct. Everything that goes on during the weekend may be told to anyone. In fact, I've shared a lot of it with you already. More information about Cursillo is available to anyone and everyone. Another misconception is that there is a specific order of participation. You don't have to have attended a Three-Day Weekend to be in a Reunion Group or attend Ultreya. Do first what feels most appropriate for you. Discuss it with Polk, Colin, Joyce Adkins, or David Rowe, who can help you discern where you need to be and give you direction. The important thing is to be aware of this extraordinary opportunity and how it can enrich the way you live your life. I cannot promise you a "Come to Jesus" moment or spiritual rebirth, but what I can guarantee is the benefit of quiet moments of prayer and reflection, direction, and the support and caring of your brothers and sisters in Christ as you seek to incorporate your faith into a way of daily living.*

Many blessings to you!

**Kristi Hay**

## Whitney Stone...*what I'm doing among you.*

Hello. Polk thought it would be a good idea for me to write a short article for this month's Evangel to tell you a little bit about myself, and to give the St. Paul's community a better idea of what I'm doing among you.

I am originally from Jackson, MS and have been living in Nashville since December 2005. I moved to take a job with a law firm in town and have been practicing law in various settings since that time. I grew up as a Roman Catholic and began exploring other traditions in 2001. The Episcopal Church was not really on my radar when I was living in Jackson after law school, but when I moved to Nashville and was looking for a church home, a friend recommended St. Bartholomew's Church (St. B's as we affectionately call it). Given my liturgical background, and my love of good music, sound nourishing preaching, and a real need for a supportive community in my new town, St. B's was a great fit for me. I was received into the Episcopal Church in June 2007. Not completely satisfied with the practice of law, I began feeling the tug of God to explore how He might want to use me in other avenues. What began as a scary, uncertain exploration of a call to ordained ministry culminated in a powerful encounter with God during a private retreat at St. Mary's in the spring of 2008. I talked with the Bishop soon after and began the journey for vocational discernment. This brings me to why I am here with you at St. Paul's.

I have been through the parish discernment committee at my home parish and I have met with the Commission on Ministry of which your own Ed Arning is the chairman. The Bishop wanted me to spend some time outside of my home parish for a year, and asked me to join you at St. Paul's as part of this discernment process. I want to thank you all for welcoming me and showing me the great spirit I had heard about at St. Paul's.

You may be wondering how I have been spending my time with you. I am still working and living in Nashville, so my time to spend with you has been somewhat limited. Obviously, you may have seen me serving as a Chalice Bearer on a given Sunday. I have also been spending some time with the Young Adult group. Just prior to the summer, we began what we

are calling "Film School" during the Sunday School hour, in which we will watch a film over the course of a few Sundays and discuss the implications of the film and how our Christian lives should inform our actions. The idea is to realize the practical implications of our Christian faith outside of a traditional bible study. We plan to pick this back up in the fall. I have also been working with a small group of folks who have a heart for the college students at MTSU. These folks already had a good thing going during the spring semester, but our hope is to increase the exposure of St. Paul's and the Canterbury Club on the campus so we can reach out to the college kids who might be looking for something a little different.

One thing we would like to get going for the fall semester is a family sponsorship program. We would like to invite you to prayerfully consider partnering with us in sharing your prayers, dinner tables, and lives with a college student. Many of us know what an adjustment being away from home for the first time might be like. A kind word, a note of encouragement and prayer, a hot meal, an opportunity to do laundry without feeding a machine quarters might be just what a college student needs to meet Christ among us. Would you consider being a part of this ministry with us? There were only a handful of students who joined us for Canterbury Club last year. Our hope is to have more. However, we would love to have a list of folks willing to be student sponsors/mentors/prayer partners (pick your favorite term) so that the students can be paired up if that is something they are interested in.

Please email me at [whitneystone@bellsouth.net](mailto:whitneystone@bellsouth.net), if you would like to join us in this effort, and I will keep you in the loop as things progress.

Again, thank your for your warm hospitality thus far in my time at St. Paul's. I look forward to getting to know more of you in the months to come. If you have any questions for me about the college ministry, or anything else, please don't hesitate to drop me an email.

Peace,

*Whitney*

## ST. PAUL'S STUDENT MINISTRIES

A few weeks ago, 13 middle and high school students and adults spent a week in rural North Carolina as the hands of Jesus. We spent most of the week serving an elderly couple, the Higgins'. In addition to the work we screamed and danced as we worshipped God with more than a hundred other students and adults. We soaked in the inspiring messages delivered by the speakers. We bravely (and a bit fearfully) rafted down the French Broad River. We drew closer to one another while playing *Apples to Apples* and *spoons*, taking in the sights and sounds of downtown Asheville, and having crab apple wars. And we drew closer to God when we closed each day in focused, meaningful conversation with Him. As for our service to the Higgins', we spent most of the time digging and painting! We dug a giant trench and installed a septic line (it took a TON of digging!). We painted several rooms in their home. We scraped and painted their deck and added a new set of stairs to the deck. By the end of the week, after all of the painting, scraping, building, picking and digging, despite our overjoyed and compassionate hearts, our hands were blistered and sore... but we wouldn't have had it any other way... because we're pretty sure that that's how the hands of Jesus should be.

Joshua Courtney  
St. Paul's Student Ministries

I feel like I got more out of it than the Higgins' did... the sermons were awesomely touching, food was good... I met lots of new people and got to know my old peeps better...  
- Katie Lou

This experience has really changed my life... the Higgins' would always offer us a beverage or to turn the air up when we were painting inside, but we just tried to tell them that we were there to serve them not for them to serve us... we worked for 5 days but I wish I could've stayed longer...  
- Taylor

This trip made me feel more connected to God in ways I will never forget... It was an amazing feeling to help others and to share with them our compassion and dedication... I will never forget this trip and will keep all of the people I met and all the people we helped in my memories forever.  
- Christina

I learned things I didn't know, remembered things I thought I forgot and really enjoyed my work... I wasn't tired until the ride home...  
- Larry

We worked, cried, laughed, and worshipped every day... The most powerful part to me is how touched the Higgins' were at the end of the week... At the end of the week, Mr. Higgins' prayed for us then told us that we could never know how much what we had done meant to them... Mr. and Mrs. Higgins were both crying as we left... I love seeing youth grow and step out of their comfort zone... they worked through rain, heat, and exhaustion and did it with grace most of the time... no one went to the ER and that is huge... we all had a wonderful time and would like to thank our parish for their support of our youth.  
- Kathy

The trip was amazing! I loved it all, and would love to be able to do this again... even digging in the rain!  
- Adriana



This was one of the best times of my life!! ...I had so much fun working for God and with him! I got to open my heart to God during the devotionals each night, worked for people who needed a septic system and painted rooms and a deck... We really touched the Higgins' lives and made a difference! Everything that we did is driving me to become a better person, to live for God, and help other people!! I would love to go back!!  
- Kane

# EQUIPPING MINISTRIES

"Equipping" is the name that the Vestry has given to that group of ministries focusing on Christian education, learning, and development. Since St. Paul's is offering a great many educational opportunities for all ages, there are many ministries that fall within the Equipping category. In this month's *Evangel*, the Equipping ministries that are highlighted include Ushers, Parent Group, Young Adults Ministries, Daughters of the King, and Bible study / prayer groups. We hope you will enjoy reading summaries of these ministries, and prayerfully consider joining any of these that may appeal to you.

**Ushers.** Ushers assist with activities that makes your church attendance a positive experience. They greet people cordially, open doors, direct newcomers to the guest registry, help visitors feel comfortable, direct pedestrian traffic, help people to their seats if needed, provide the proper materials for the service, recruit parishioners to bring the bread and wine to the altar for communion, take attendance count, support the rector, speaker, or reader with any needs they express, lead an orderly flow to expedite communion, sound the bell at the beginning and end of each service, clean pews after each service, recycle discarded materials, thank people for coming and wish them well as they leave the service.

Ushering is available to any member of St. Paul's who is over 18 yrs old and is interested in performing the ushering responsibilities. It is a great ministry for anyone who wants to be a special part of the church dynamic and experience the satisfaction of helping with the service. There are normally 43 Ushers (40 regular and 3 substitutes), using a 4-week rotation for each of the regular services. There are no regular meetings; everything is easily done via email or phone. New usher volunteer sheets are available in the church parish hall. For more information, please contact Joe Ennamorato, joeknow@comcast.net, 904-9910.

**Parent Group.** The Parent Group is composed of parents and grandparents, single and married, trying to learn from one another about rearing little people of faith. They meet on Sundays for lessons that may or may not focus on children; sometimes a book study or a movie series is included, but participants always share what is working (or not!) in their lives. This group provides a great opportunity for newcomers to meet other parishioners, as many members of the Parent Group have only been around St. Paul's for a short time. The newer moms and dads lean on the others for information about everyday life, such as schools, dance lessons, children's activities, etc. All lean on one another regarding parenting.

The Parent Group is also very active in providing organized social activities, with or without the kids, such as camping trips, game nights, Easter Egg Hunt, and "play dates" for children. The group takes on several service projects, primarily helping children in need through Patterson Park and gifts for children at Christmas. Additionally, the church hosts a wonderful Parents Night Out each month (nursery provided.)

Time and Place: Sunday mornings during Christian Education (9:50am); St. Andrew's Chapel.  
Who: Any adult who wants to come is invited; the more the merrier. There are currently about 30-40 regular participants (primarily parents and grandparents). Contacts: Father Colin Ambrose, 893-3780, [associate@stpaulsmboro.org](mailto:associate@stpaulsmboro.org); Collier and Fant Smith, [scolliera@aol.com](mailto:scolliera@aol.com); Mary Armour and Phillip O'Reilly, [maoreilly@bellsouth.net](mailto:maoreilly@bellsouth.net); Stacey and David Owen, [staceysmoot@gmail.com](mailto:staceysmoot@gmail.com).

**St. Paul's Young Adults Ministries.** The Young Adult Ministry group ("YAMs") provides fellowship for young professionals, college students, anyone age 18-35ish. The group holds monthly potlucks on the second Sunday at 6:00 pm. They meet for discussion on Sunday mornings. They minister to college students at MTSU, including, for example, a fall retreat last year. They also have been involved in provincial and national young adult events through the office of young adult and campus ministries. They plan special recreational events such as bowling and kickball. For Lent this year they recorded the daily devotions for the rest of the parish to use. Anywhere from four to fifteen people

participate in activities. For more information contact Kathleen Jaco, 615-691-3663, [KathleenTN@gmail.com](mailto:KathleenTN@gmail.com). Young adults may also be interested in Episcoric, the 'zine for and by young Episcopal adults; see [www.episcoric.org](http://www.episcoric.org).

**Daughters of the King.** The Order of the Daughters of the King is a religious order of predominately Episcopal women, founded in 1885 by Margaret J. Franklin in New York City. The mission of this order is the extension of Christ's Kingdom through Prayer, Service, and Evangelism. Each Daughter takes a lifetime vow of a spiritual discipline of daily prayer, service and evangelism. The emblem of the Order is in the form of a modified Greek fleury cross inscribed in Latin, "Magnanimiter Crucem Sustine", the watchword of the Order, meaning "With heart, mind and spirit uphold and bear the cross."

St. Paul's Julian of Norwich chapter currently has 33 members. Sandy Gleaves is the chapter president; Patricia Melvin is the secretary; and Alice Gibson is treasurer. The chapter's service project for the past five years has been heading up the Military Personnel Ministry of sending Care Packages to military men and women serving in Iraq and Afghanistan. DOK meets one Saturday each month in St. Margaret's Hall. DOK members participate in Diocesan assemblies twice each year. For additional information, contact Sandy Gleaves via email: [sgleaves@comcast.net](mailto:sgleaves@comcast.net) or cell 615-428-0280.

**Centering Prayer and Lectio Divina.** Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself. Centering Prayer is not meant to replace other kinds of prayer. Rather, it adds depth of meaning to all prayer and facilitates the movement from more active modes of prayer into a receptive prayer of resting in God. Lectio Divina, literally meaning "divine reading," is an ancient practice of praying the scriptures. The practitioner listens to the text of the Bible with the "ear of the heart," as if he or she is in conversation with God, and God is suggesting the topics for discussion. Like Centering Prayer, Lectio Divina cultivates contemplative prayer. Unlike Centering Prayer, Lectio Divina is a participatory, active practice that uses thoughts, images and insights to enter into a conversation with God. For more information see <http://www.contemplativeoutreach.org>

St. Paul's Centering Prayer and Lectio Divina groups meet in St Margaret's Hall at two different times each week, Tuesdays 6:00 to 7:00 pm and Thursdays 10:00 to 11:00 am, with 3-7 persons attending each session. For more information contact Nancy Carter, 849-9565, [ncartermboro@comcast.net](mailto:ncartermboro@comcast.net) or Ronny Clemmons, 867-6318, [tenn16@att.net](mailto:tenn16@att.net).

**Lectionary Bible Study Group.** This group meets every Wednesday from 9:00 to 10:15 am in the Parish Hall to discuss the upcoming Sunday's scripture readings (Old Testament, Psalms, Epistle, Gospel). They discuss historical and cultural contexts of the readings as they reflect and share what the readings may be saying to us individually as Christians and to us as part of a community of faith in the 21st century. No preparation or special knowledge of scripture is required to participate; a handout provides "food for thought." Typically 10 to 15 people attend, and everyone is encouraged to bring their Bibles and join in this sometimes lively and always informative discussion of scripture. Even if you cannot commit to every Wednesday, come when you can. The group's facilitator and contact person is Jerry Redditt, [jerryredditt@bellsouth.net](mailto:jerryredditt@bellsouth.net), 364-8700.

**Parent's Group: Men's Bible Study.** Every Tuesday morning, at 7:30 am, a group of men from St. Paul's Parent's Group meets for one hour at Mimi's Café in the Avenue. Beginning with a time of fellowship, they examine God's Word and its implications for our lives. In addition to being a time of fellowship and study, the time is also one of prayer. At the end of the hour they pray for one another and share how they can be supporting one another in our daily prayers. Ministry contact: Allen Fuller, [allenfuller@gmail.com](mailto:allenfuller@gmail.com).

**I love alliteration, don't you!****Party for Pilgrimage Participants**

As our date for Confirmation approaches (August 15), we decided that it might be helpful (and fun!) to get recent Pilgrimage participants together for a party. So, if you attended Pilgrimage in the Fall, 2009, and/or beginning in January, 2010, please plan to attend a gathering on Monday evening, August 9th.

Kathleen and Mac have graciously offered to host in their lovely home at 704 N. Church Street. If you have previously been there, you know it is a wonderful haven of hospitality – a great place to have a party.

We are asking Sponsors to bring an hors d'oeuvre or bottle of wine. Other beverages and snacks will be provided. We'll gather around 6:30 p.m. There is no real agenda for the evening, just a rekindling of the fellowship we shared during our Pilgrimage sessions.

Please RSVP to Joyce Adkins at [joyce1010@bellsouth.net](mailto:joyce1010@bellsouth.net)

**CHILDREN'S CHOIR**

St. Paul's Choristers will begin rehearsals on Wednesday, August 18, under the direction of Organist and Director of Music Angela Tipps. All children entering grades 2 through 8 are invited to join. We will continue the Royal School of Church Music curriculum, Voice for Life, and sing each month at either the 8:45 or 11:00 services.

The Voice for Life curriculum includes using the singing voice well, gaining musical skills, and exploring liturgy through music. By the time they graduate to the adult choir (in high school), they should be accomplished music-makers and singers. It's an excellent way to serve God and our parish.

To kick off our new season together, Angela and Dale are hosting a cookout at their home (3041 Vicwood Drive 37128) on Wednesday, August 11. We'll gather (parents and choristers) at 5:30 pm to eat hamburgers and hot dogs and to meet each other. Please register online (beginning August 1) at [www.stpaulsmboro.org](http://www.stpaulsmboro.org). Be sure to tell us on the registration form which time works best on Wednesdays for rehearsals.

If you have any questions, please email Angela at [music@stpaulsmboro.org](mailto:music@stpaulsmboro.org), or leave a message at the church office (893-3780).

**Altar Guild**

Within our church family, there is a very dedicated group of people that prepares our altars for worship. The Altar Guild, led by Martha Worley and Sue Koechlein, quietly goes about setting the table for each and every Eucharist.

Because of a couple of retirements, and shifting schedules, the Altar Guild finds itself in need of some additional help. Optimally, there are four teams of three to six members each, the theory being many hands make light work. Presently, a couple of the four teams are short a member or two or three.

Participation on the Altar Guild is a ministry opportunity. While the materials used – linens, silver cups, oil candles – are just that, ordinary things – when used in worship they point us to Jesus and His sacrifice.

Martha and Sue have asked that anyone attracted to this ministry might begin to pray about joining the Altar Guild. They are planning some training for new members later in the summer, hoping to have all teams at full strength when we go back to three services in the fall.

Please contact Martha, [litlejinks@aol.com](mailto:litlejinks@aol.com), 896-1319, or Sue, [fkoec91936@bellsouth.net](mailto:fkoec91936@bellsouth.net), 895-4222) with questions. They are beautiful examples of people called to do a specific task, and then doing that task with love and devotion. Perhaps you are called to join them!

**Stewardship**

As the summer vacation season is coming to a conclusion and we reflect on the good times that we enjoyed with family and friends, have we also remembered the commitment of our pledge that we made to St. Paul's parish?

Historically attendance at weekly services is down during the summer months and, as a result, our pledged income is under budget.

As we prepare for the coming of the new school year and begin to settle into our daily routines; it is also a time to reflect on our commitments. If you are able, and are behind on your pledge commitment, please help us close this gap. If your pledge commitment has changed due to circumstances beyond your control, please contact Susan at the parish office and make her aware of the situation. Thank you!

May the Lord guide you and protect you as we continue to perform His work.

# CONGRATULATIONS GRADUATES

Alison Cates Jones received her B.A. in English. Alison graduated from Rhodes College in Memphis, TN and is the daughter of Bill and Kathy Jones.

Kelly Sullivan received her B.A. in French with a Minor in Marketing and Theatre. Kelly is an MTSU graduate. She is the daughter of Clayton and Barbara Sullivan.

Libby Willis received her Master of Arts in Pastoral Studies in the Catechesis of the Good Shepherd from Aquinas Institute of Theology, ai.edu, in St. Louis, MO.

Mary Hollis, daughter of Alex and Alicia Hollis, was awarded the B.A. in French cum laude at Vanderbilt University on May 14. Mary will be teaching English to French elementary school students in Grenoble, France next school term.

Carolyn Goodman, daughter of Charles and Delia Goodman, received her B.S. Biology with concentration in Biochemistry, and Cellular and Molecular Biology from University of Tennessee, Knoxville. Carolyn is presently at University of Tennessee Health and Science Center in Memphis working on a Masters in nursing.



**Dear St. Paul's Family**...The Chapel of the Apostles is the community worship space for the School of Theology in Sewanee. Doubtless many of you have driven by it on your way to the Cross, or maybe you've ventured inside to look around. I love worshipping there, surrounded by floor-to-ceiling windows, watching the seasons change, the clouds blowing by so close overhead, or fog swirling thickly around the chapel, creating a very intimate space.

There is a downside to the wonderful windows, as I discovered the second week of Easter. Our community was gathered for our weekly Thursday evening Eucharist, and I was in the row of seats nearest the outer window/wall. Behind me, I heard a THUMP. A goldfinch had flown into the glass, and lay twitching feebly on the stone walk. My heart broke as I watched the poor bird, fearing that it had broken its neck. My classmate, Joe, saw my distress and put his hand on my shoulder in sympathy. It's amazing how much comfort a small gesture can bring...I turned back to the service and tried to enter into the offering of praise and thanksgiving, but I kept looking over my shoulder at the poor, struggling bird. At the Sursum Corda ("lift up your hearts"), I looked again, and there was the goldfinch, on his feet and peering in through the window! At that point, I did indeed lift up my heart! By the end of the service, my tiny bird friend had flown away—and I had been given my own small Resurrection appearance.

I had intended to have a letter written for you for the May issue of The Evangel. I had actually started writing it, and then...THUMP, I hit the wall. This past semester was very demanding, academically and in terms of obligations within the seminary community. But even more than that, Holy Week and Easter were intensely powerful experiences, and there I was, emotionally and physically spent, twitching feebly on the stone walk. I'm not sure exactly when I got the strength to get my feet back under me, but I did. I do know where that strength came from. It came to me from our loving Lord, mediated through the love and faithfulness of my brothers and sisters in Him. Countless small gestures of love pulling me back up onto my feet. I'm happy to report that I survived the grueling grind to the end of the semester. Thanks be to God for a supportive husband, loving friends, and plenty of coffee!

I'm anticipating a challenging summer. I'll be fulfilling a requirement for Clinical Pastoral Education, working and learning as a hospital chaplain at Erlanger Hospital in Chattanooga. It will be another intensely powerful experience. Your continued prayers and love are greatly appreciated. Remember to reach out to each other and watch for those who have hit the wall and may need some help getting back up on their feet. I hope to see you all soon. Please stop by and see us whenever you're on the Mountain!

Love, Suz

# AUGUST 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 10th after Pentecost</b> 8:00 & 10:30 am HE 9 am Breakfast 9:15 am Summer Choir Rehearsal 9:30 am Family Fellowship 9:30 am Christian Ed. Summer Session 5 pm Xperience 7 pm AA	<b>2</b> 7 pm AA	<b>3</b> 9:30 am Staff Meeting 6 pm Long Term Planning Committee 7 pm Bible Study 7 pm AA	<b>4</b> 6:30 am Custillo Reunion Group 7 am & 5:30 pm HE 9 am Bible Study 5 pm Dream Group 5 pm Weight Watchers 6 pm Outreach Committee Meeting 6:15 pm Reunion Group 6:30 pm D-Groups 7 pm AA	<b>5</b> 10 am Lectio Divina Prayer 3 pm Knitting Group 6 pm Ladies Night Out 6 pm Men's Club 7 pm AA	<b>6</b> <b>Tax Free Weekend Through Sunday</b> 6 pm First Friday Music on the Square 7 pm AA	<b>7</b> 8 am Mid-Year Vestry Retreat 7 pm AA
<b>8 11th after Pentecost</b> 8:00 & 10:30 am HE 9 am Breakfast 9:15 am Summer Choir Rehearsal 9:30 am Family Fellowship 9:30 am Christian Ed. Summer Session 6 pm Young Adults 6 pm Evening with the Cherry 5 pm Xperience 7 pm AA	<b>9</b> 7 pm AA	<b>10</b> <b>Ministry Reports Due</b> 6 pm Long Term Planning Committee 7 pm Bible Study 7 pm AA	<b>11</b> 6:30 am Custillo Reunion Group 7 am & 5:30 pm HE 9 am Bible Study 5 pm Dream Group 5 pm Weight Watchers 6:15 pm Reunion Group 6:30 pm D-Groups 7 pm AA	<b>12</b> 10 am Lectio Divina Prayer 3 pm Knitting Group 6:30 pm Scout Committee Meeting 7 pm AA	<b>13</b> 3 pm Anderson/Hurst Rehearsal 3 pm Confirmation Workshop 7 pm AA	<b>14</b> 8 am Confirmation Workshop Cont'd 2 pm Anderson/Hurst Wedding & Reception 3 pm Brownie Troop 563 7 pm AA
<b>15 12th after Pentecost</b> <b>Bishop Bauerscheidt's Visit</b> 8:00 & 10:30 am HE 9 am Breakfast 9:15 am Summer Choir Rehearsal 9:30 am Reception for the Bishop 9:30 am Christian Ed. Summer Session 6 pm Young Adults 5 pm Xperience 7 pm AA	<b>16</b> 7 pm AA	<b>17</b> 9:30 am Staff Meeting 6 pm VESTRY MEETING 9 am Bible Study 7 pm AA	<b>18</b> 6:30 am Custillo Reunion Group 7 am & 5:30 pm HE 9 am Bible Study 5 pm Dream Group 5 pm Weight Watchers 6:15 pm Reunion Group 6:30 pm D-Groups 7 pm AA	<b>19</b> 10 am Lectio Divina Prayer 3 pm Knitting Group 7 pm AA	<b>20</b> 6 pm Parent's Night Out 7 pm AA	<b>21</b> 8 am Daughter's of the King 8 am Diocesan Christian Formation 9 am Commission On Ministry 7 pm AA
<b>22 13th after Pentecost</b> <b>Food Drive</b> 8:00 & 10:30 am HE 9 am Breakfast 9:15 am Summer Choir Rehearsal 9:30 am Family Fellowship 9:30 am Christian Ed. Summer Session 12 pm McCash Book Signing 5 pm Xperience 7 pm AA	<b>23</b> 7 pm AA	<b>24</b> 6 pm Long Term Planning Committee 7 pm Bible Study 7 pm AA	<b>25</b> 6:30 am Custillo Reunion Group 7 am & 5:30 pm HE 9 am Bible Study 5 pm Dream Group 5 pm Weight Watchers 6:15 pm Reunion Group 6:30 pm D-Groups 7 pm AA	<b>26</b> 10 am Lectio Divina Prayer 3 pm Knitting Group 6:30 pm Stephen Ministry Peer Group 6:30 pm Scouts/Pack 108 7 pm AA	<b>27</b> <b>Episcopal Churchmen of Tennessee at Monticello/Annual Conference</b> 6 pm AA Potluck/Meeting	<b>28</b> <b>Episcopal Churchmen of Tennessee at Monticello/Annual Conference</b> MTSU Classes begin 7 pm AA
<b>29 14th after Pentecost</b> <b>Episcopal Churchmen of Tennessee at Monticello/Annual Conference</b> 8:00 & 10:30 am HE 9 am Breakfast 9:15 am Summer Choir Rehearsal 9:30 am Family Fellowship 9:30 am Christian Ed. Summer Session 5 pm Xperience/Youth 7 pm AA	<b>30</b> 7 pm AA	<b>31</b> 6 pm Long Term Planning Committee 7 pm Bible Study 7 pm AA	<b>Back to School</b>	<b>TAX FREE WEEKEND</b> <b>Friday, August 6th, 2010 through Sunday, August 8th, 2010</b>	<b>TENNESSEE SALES TAX Holiday</b> 	



Vara Ruth Williams .....08/01	Kirstin Tretter .....08/16
Alexander Potts .....08/01	James Dillon .....08/17
Miles Workman .....08/03	Robert Newell .....08/17
Shannon Turner .....08/04	Donald Gordon .....08/17
Jennifer Kropog .....08/05	Richard Detmer .....08/18
Mary Armour O'Reilly .....08/05	Kathryn Brown .....08/19
Lance Ikard .....08/06	Libby Willis .....08/19
Regina Meeker .....08/06	Nabil Wakid .....08/20
Aric Mullins .....08/06	Kathi Fortenberry .....08/20
Nicholas Newby .....08/06	Janet Arning .....08/20
Betty Davis .....08/07	Justin Bawol .....08/20
Lawrence Puzzo .....08/07	CathySniderman .....08/21
Rob Hurst .....08/07	Daniel Perry .....08/21
Lauren Ennamorato .....08/07	Thomas Vandervort .....08/22
William Stallings .....08/08	William Hollis .....08/22
Helen Smith .....08/08	Delia Clemmons .....08/22
Allison Kellermann .....08/09	Brenda Sachs .....08/24
Monty Sellers .....08/11	Jonathan Spence .....08/24
Gail Butler .....08/11	Gabriel Raffo .....08/24
Rick Cantrell .....08/11	Matt Murfree III .....08/25
Richard Workman .....08/11	Jim Roberts .....08/25
Jared Henry .....08/11	Joyce Sundling .....08/26
Thomas Grider .....08/12	Elizabeth Sandvig .....08/26
Elizabeth O'Reilly .....08/12	Mike Russell .....08/27
Barbara Collins .....08/13	Don (Don) Clayton .....08/27
Ashley Jones .....08/13	Marlene Jones .....08/28
Don Harris .....08/14	Kallie Dayton .....08/28
Steve Yaeger .....08/14	Matthew Schneider .....08/28
Emma Green .....08/14	Nicholas Crowell .....08/28
Naomi Crowell .....08/14	Graham Pirtle .....08/29
Emily Kelly .....08/16	William Palmer .....08/30
Monicia Elrod-Erickson .....08/16	

**MEMBERSHIP RECORDS UPDATE**

If you have moved, changed your home or cell phone numbers, or have had a change in your e-mail address, please contact the church office to update your records.

**PUBLICATION DEADLINES**

Announcements for the Sunday bulletin are due in the church office by Wednesday, 12:00 noon, each week. Articles for the monthly Evangel newsletter are due in the church office by the 15th of each month. The deadline for the September Evangel is Monday, August 16, 2010. Please e-mail all information to [evangel@stpaulsmboro.org](mailto:evangel@stpaulsmboro.org).

**PARISH STAFF**

The Rev. James K. Polk Van Zandt, Rector  
 The Rev. Colin M. Ambrose, Associate Rector  
 Kristi Hay, Sr. Warden  
 Joshua Courtney, Minister to Youth  
 Susan Greenall, Office Administrator  
 Dr. David L. Rowe, Assistant to the Rector  
 Ralph Smith, Assistant to the Rector  
 Joyce Adkins, Assistant to the Rector  
 Angela Tipps, Minister of Music, RSCM  
 Morris Hamby, 7:30 a.m. Musician  
 Jacob Courtney, Assistant Minister to Youth  
 Kathy Warlick, Administrative Assistant  
 Kathy and Bill Jones, Co-Treasurers  
 Annie Gracia, Nursery Director

**VESTRY**

Jr. Wardens:  
 Bill Williams, Jimmie Beasley  
 Richard Detmer, Dan Felciano, Stan Golden, Ron Messier,  
 Sally Palmer, Jane Smith, Kent Sterling,  
 Tina Whitfield, Jo Wintker



*Older friends help each other when they need:*

- Transportation • Visits
- Phone Calls • Help with Errands

We are eager to know of any parishioner who may have these needs OR if you are willing to provide some of these services.

– Call –

*Sue Koechlein at 895-4222 or Ralph Smith at 556-6414.*

**St. Paul's Episcopal Church**

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## Quarterly Food Drive Coming Up August 22nd

The Outreach Committee will be collecting food on Sunday, August 22nd for the Rutherford County Food Bank. This will be our third quarterly drive. Brown grocery bags with suggested food lists will be available after both services on August 7th and August 15th. In order to help take care of our environment, we will again re-use bags from previous drives, supplementing with new ones as needed. Questions can be directed to Tina Whitfield at 896-7186.

*August 2010*



*Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or Sabbaths. These are only a shadow of what is to come, but the substance belongs to Christ. Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God. --- Colossians 2:6-19*

The above quotation was read at St. Paul's July 25 service.

It's okay.

But then again, uh, let's look at it in another way.

Jesus didn't belabor small points, didn't dig into the ligaments and all that. He had a simple answer to the world's imminent problems:

Love thy neighbor as thyself.

Simple, concise, self-explanatory.

But difficult to apply even down the street much less across the world.